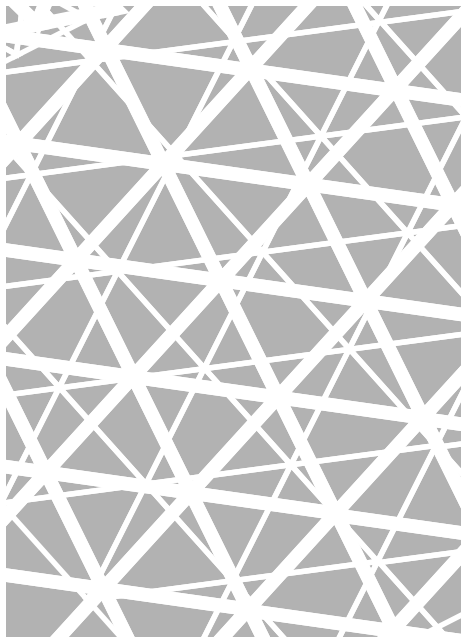


ACTIVLAB®
pharma



product catalogue



Pharmacy, supplements - production plant in Kłaj

Activlab Pharma

Modern brand



Quality control

Production line - capsules

Factory in Bochnia - production line

The Activlab Pharma brand is manufactured and distributed by Regis under license. Regis is a Polish company with two decades of experience in manufacturing and retail. The company's offer includes diet supplements, which have been

trusted by customers as well as the largest retail chains in Poland for over ten years.

The main office of the company is located in Krakow. This is where we develop and realize our mission. For many years in the market we have

gained the skills and competencies that allow us to perceive new horizons of our business.

VIT line

Vitamin preparations and electrolytes



Suplement diety
electroVit
ActiLab Pharma



Suplement diety
electroVit
WODA KOKOSOWA
ActiLab Pharma



Suplement diety
magnezVit B6
ActiLab Pharma



Suplement diety
calciumVit C
ActiLab Pharma



Suplement diety
multiVitComplex
ActiLab Pharma



Suplement diety
Vita C 1500 mg
ActiLab Pharma

ElectroVit has been awarded the Pharmacy Professions Award

The award promotes sustainable and fair manufacturers and points to supplements with nutritional or physiological values as confirmed by the scientific authority



ElectroVit

Properties

Replenishes all electrolytes (magnesium, potassium, sodium, calcium, chlorides).

Advantages

- Composition
- Orange flavor
- Addition of vitamin C
- Form - effervescent tablets
- Favourable price

Indications

- Diarrhea
- Vomiting
- Fever / sweats
- Heats
- Physical effort
- Use of drainage medicines
- Slimming diet



Daily portion	2 tablets		4 tablets	
Sodium	600 mg		1200 mg	
Potassium	300 mg	(15%*)	600 mg	(30%*)
Chloride	120 mg	(15%*)	240 mg	(30%*)
Calcium	120 mg	(15%*)	240 mg	(30%*)
Magnesium	60 mg	(16%*)	120 mg	(32%*)
Vitamin C	80 mg	(100%*)	160 mg	(200%*)

* - % of nutrient reference value

hydrating, effervescent, tasty

ElectroVit Coconut water

Properties

Replenishes all electrolytes (magnesium, potassium, sodium, calcium, chlorides).

Advantages

- The content of **coconut water**
- Composition
- Coconut flavor
- Addition of vitamin C
- Form - effervescent tablets
- Favourable price

Indications

- Diarrhea
- Vomiting
- Fever / sweats
- Heats
- Physical effort
- Use of drainage medicines
- Slimming diet



Daily portion	2 tablets		4 tablets	
Coconut water concentrate CocoMineral®	1000 mg		2000 mg	
Sodium	600 mg		1200 mg	
Potassium	300 mg	(15%*)	600 mg	(30%*)
Chloride	120 mg	(15%*)	240 mg	(30%*)
Calcium	120 mg	(15%*)	240 mg	(30%*)
Magnesium	60 mg	(16%*)	120 mg	(32%*)
Vitamin C	80 mg	(100%*)	160 mg	(200%*)

* - % of nutrient reference value

hydrating, effervescent, tasty

MagnezVit B6

Properties

Contains 100% of daily requirement of magnesium and vitamin B6 within a single tablet

Advantages

- Convenient and economical dosage - 1 tablet daily
- The product's effervescent form - ensures fast and high assimilation of ingredients
- Delicious, raspberry flavour
- Favourable price

Indications

- For strong tea and coffee drinkers
- To alleviate irritability, stress and fatigue
- Upon increased mental effort and physical exertion
- For muscle relaxation (e.g. when experiencing night cramps).



Daily portion	1 tablet	
Magnesium	375 mg	(100%*)
Vitamin B6	1,4 mg	(100%*)

* - % of nutrient reference value

daily dose of magnesium within a single tablet

CalciumVit C

Properties

High calcium content product - 300 mg, enriched with vitamin C.

Advantages

- High calcium content within a single tablet
- Effervescent form facilitates fast and high bio-retention rate.
- Delicious lemony flavour
- Good price

Indications

- In the periods of increased demand for calcium and vitamin C (e.g. autumn and winter seasons, inadequate diet)
- When feeling mentally and physically fatigued.
- To stimulate the immune system.



Daily portion	2 tablets	
Calcium	600 mg	(75%*)
Vitamin C	160 mg	(200%*)

* - % of nutrient reference value

offsets any calcium and vitamin C deficiencies

MultiVit Complex

Properties

It is a product supplementing the daily diet with essential vitamins and minerals.

Advantages

- Convenient and economical dosage - 1 tablet daily
- The product's effervescent form - ensures fast and high assimilation of ingredients
- Delicious, cherry flavour
- Favourable price

Indications

- In periods of increased demand for vitamins and minerals
- During increased physical and mental effort



Daily portion	1 tablet	Minerals	
Vitamins		Magnesium	93,75 mg (25%*)
Vitamin E	12 mg (100%*)	Iron	14 mg (100%*)
Vitamin C	80 mg (100%*)	Zinc	7,5 mg (75%*)
Thiamine (B1)	1,1 mg (100%*)	Copper	0,5 mg (50%*)
Riboflavin (B2)	1,4 mg (100%*)	Manganese	0,5 mg (25%*)
Niacin (B3)	16 mg (100%*)	Selenium	10 µg (18%*)
Pantothenic acid (B5)	6 mg (100%*)	Iodine	75 µg (50%*)
Vitamin B6	1,4 mg (100%*)		
Biotin (B7)	50 µg (100%*)		
Folic acid (B9)	200 µg (100%*)		
Vitamin B12	2,5 µg (100%*)		

* - % of nutrient reference value

Offsets any vitamin deficiency

Vita C 1500 mg

Properties

Vita C 1500 mg is a product with a high content of vitamin C (1500 mg). Vitamin C helps in the proper functioning of the immune system.

Advantages

- Formulation: vitamin C (1500 mg)
- Effervescent form facilitates fast and high bio-retention rate
- Delicious, lemony flavour
- Good pricing

Indications

- Upon reduced bodily immunity (e.g. autumn and winter seasons)
- In the periods of increased demand for vitamin C (elderly persons, exposure to stress, smoking)



Daily portion:	1 tablet
Vitamin C	1500 mg 1870%*

*-% of nutrient reference value

high dose vitamin C - **1500 mg**

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EXTRA line

Daily support of the body

Extra
Luteina
Activlab Pharma

Essepatil
EXTRA Activlab Pharma

ColoNormax
EXTRA Activlab Pharma

Laxantiv
EXTRA Activlab Pharma

LipiCholester
EXTRA Activlab Pharma

**Green
Thermo Shape**
Activlab Pharma

FlexActiv
EXTRA Activlab Pharma

Biloba
EXTRA Activlab Pharma

NerwoVit
EXTRA Activlab Pharma

Body Vitality
COMPLEX Activlab Pharma

Magnez B6
EXTRA Activlab Pharma

Odporność
EXTRA Activlab Pharma

Witamina D3+K2
EXTRA Activlab Pharma

Luteina EXTRA

30
capsules

Extra boost for your eye health

Properties

A dietary supplement in the form of easy-to-swallow softgel capsules containing natural crystalline **lutein in the highest dose available on the market - 40 mg**. The product has been enriched with zeaxanthin.



Advantages

- EXTRA HIGH lutein content per capsule - 40 mg
- Crystalline lutein of high bio-retention rate
- Easy dosage - 1 capsule daily
- Easy-to-handle packaging
- Attractively priced

Indications

- Boosts vision in:
- Elderly people
 - People who work in artificial lighting
 - Office staff doing computer work
 - People exposed to intense sunlight

Daily portion	1 capsule
Polyunsaturated fatty acids	200 mg
Lutein	40 mg
Zeaxanthin	2 mg

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Essepatil EXTRA

30
capsules

Supports normal functioning of the liver



Properties

It is a diet supplement that contains soy phospholipids for supplementing the diet with substances that have a beneficial effect on liver function and regeneration.

Advantages

- Product containing 300 mg soy phospholipids
- Accelerates regeneration of liver cells
- Facilitates removal of harmful products of metabolism from the body
- Improves fat digestion
- Has an attractive price

Indications

Used in states:

- After eating heavy meals
- After drinking alcohol
- During periods of high drug intake

Daily portion	2 capsules
Soya phospholipids	600 mg
including choline	16,8 mg

ColoNormax EXTRA

Regulates intestinal function, prevents constipation, cleanses the intestines and whole organism

Daily portion	10 g
Seed coat of the <i>Plantago ovata</i> plant (<i>Plantago ovata</i>)	5,00 g
Chicory inulin (<i>Cichorium intybus</i>)	4,75 g
<i>Lactobacillus acidophilus</i>	1×10^8 cfu
<i>Bifidobacterium lactis</i>	1×10^8 cfu



Properties

A set of natural ingredients that provides intestinal health.

Advantages

- Contains the seed coat of the *Plantago ovata* plant, chicory inulin (*Cichorium intybus*) and probiotic bacteria of the genus *Lactobacillus acidophilus* and *Bifidobacterium lactis*.
- Has a delicious apple flavour
- Package containing **100 grams** of PRODUCT **EXTRA**

Indications

- In constipation
- In maintaining healthy intestines
- Helps to control weight
- Helps regulate blood sugar levels

Laxantiv EXTRA

30
capsules

Proper defecation and bowel function

Properties

- A product containing **natural extracts from senna and rhubarb** that contribute to the proper functioning of the digestive tract.
- **Rhubarb** contributes to the proper functioning of the intestines and contributes to regular defecation.



Indications

- As a mild laxative
- In cases of constipation
- In problems with defecation for the elderly

Daily portion	1 capsule
Rhubarb extract (<i>Rheum palmatum</i>)	200 mg
Senna extract (<i>Cassia angustifolia</i>)	200 mg

LipiCholester EXTRA

30
capsules

A product containing a high quality extract from red rice

Properties

A product containing a high quality extract from red rice (standardized for monacolin K content), plant sterols, vit. PP, B6, B12 and folic acid.

Indications

For people who aim at:

- lowering the level of blood cholesterol
- maintaining normal blood cholesterol levels
- reducing the risk of development, among others atherosclerotic and thrombotic changes.
- ensuring proper functioning of the heart and circulatory system.



Daily portion	1 capsule	
Red rice extract	250 mg	
of which monacolin K	10 mg	
Plant sterols	150 mg	
Niacin	16 mg	(100%*)
Vitamin B6	1,4 mg	(100%*)
Folic acid	200 µg	(100%*)
Vitamin B12	2,5 µg	(100%*)

* - % of nutrient reference value

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Green Thermo Shape

30
capsules

100% natural extracts from leaves and green tea seeds



Properties

Product containing natural extracts from green tea, green coffee and citrus fruits, as well as guarana, which help to achieve proper body weight and accelerate fat burning.

Advantages

- A set of natural ingredients that enhance effective weight loss
- Effectiveness
- VEGE + - can be used by vegetarians

Indications

- For people who want to lose weight
- To reduce body fat and body weight
- To increase the rate of metabolism

Daily portion	2 capsules
green coffee beans extract	400 mg
including chlorogenic acid	200 mg
green tea extract	300 mg
including EGCG	135 mg
citrus fruits and guarana extract	200 mg

FlexActiv EXTRA

30
sachets

High dose of collagen for joint protection

Properties

Product of a high collagen type II content, in the form of convenient sachets



Advantages

- High dose of **type II collagen**
- Hydrolyzed form of collagen, which facilitates its absorption
- Delicious, blackcurrant-cranberry flavour
- Favourable price

Indications

- For relieving symptoms of osteoarthritis
- In inflammation states of bones and joints
- Aids in the regeneration of articular cartilage
- In the case of joint pain
- For obese people
- For those who practice sports
- For professional athletes

Daily portion - 1 sachette 11 g

Collagen hydrolyzate 10 g

Vitamin C 100 mg 125%

* - % of nutrient reference value

Biloba EXTRA

60
capsules

For good memory and concentration

Properties

A dietary supplement containing 12 carefully selected active ingredients that comprehensively enhance the functioning of the nervous system.

Advantages

- A combination of extracts of ginkgo biloba, DHA, lecithin, magnesium, group B vitamins
- High magnesium chelate content of high bio-retention rate
- Easy dosage - 1 capsule per day only
- Attractively priced promotional packaging

Indications

- In the elderly people with impaired cerebral circulation, memory and concentration
- At times of intense exposure to stress and mental fatigue.
- At intense mental effort or during strenuous study



Daily portion (1 capsule)

Ginkgo biloba extract	100 mg	
including ginkgoflavonoglycosides	24 mg	
Lecithin	100 mg	
Magnesium	60 mg	(16%*)
Docosahexaenoic acid (DHA)	10 mg	
Thiamine (Vitamin B1)	1,1 mg	(100%*)
Riboflavin (Vitamin B2)	1,4 mg	(100%*)
Niacin (Vitamin PP)	16 mg	(100%*)
Pantothenic acid	6 mg	(100%*)
Vitamin B6	1,4 mg	(100%*)
Biotin	50 µg	(100%*)
Folic acid	200 µg	(100%*)
Vitamin B12	2,5 µg	(100%*)

* - % of nutrient reference value

NerwoVit EXTRA

30
capsules

Antidote to depressed mood

Properties

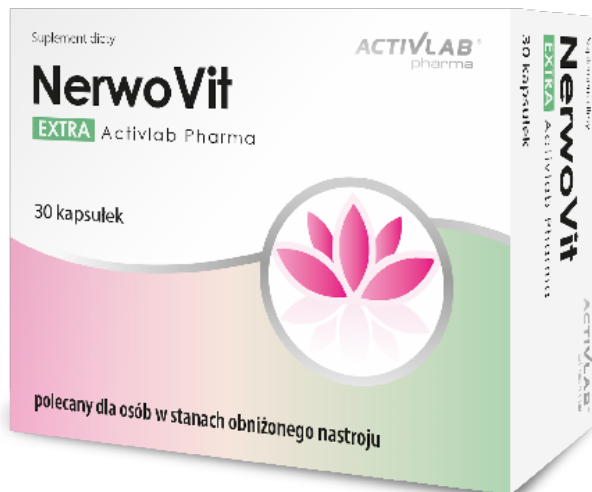
It is a dietary supplement that supplements the deficiencies of amino acids that cause mood deprivation. The product improves mood, helps relieve depression.

Advantages

- Composition - contains 3 exogenous amino acids (phenylalanine, tyrosine, tryptophan) and B vitamins.
- Added vitamin D3

Indications

- During periods of apathy
- In periods of lack of energy
- In moments of sadness and depressed mood



Phenylalanine	375 mg	36%
Tyrosine	250 mg	36%
Tryptophan	100 mg	36%
Coffeine	50 mg	
Vitamin B6	5 mg	350%
Folic acid (B9)	500 µg	250%*
Vitamine B12	10 µg	400%*
Vitamine D3	10 µg	200%

* - % of nutrient reference value

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Body Vitality Complex

30
capsules

Overall vitality, immunity boost, healthy bones

Properties

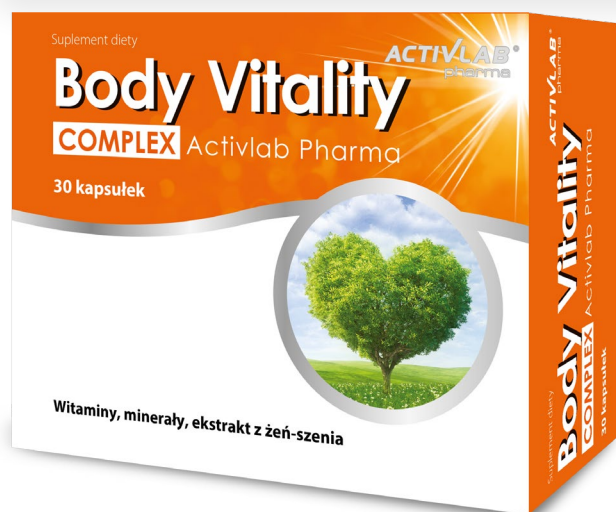
A complex of 13 vitamins (100% RDA) and 10 minerals, combined with ginseng extract, designed for all active persons keen on sustaining their vitality, mental alertness, overall bodily immunity and healthy bones.

Indications

- In the periods of reduced vitality and slackening mental alertness
- In the periods of reduced bodily immunity
- In the periods of overall bodily fatigue

Advantages

- Comprehensive formulation - 100% RDA of vitamins
- Easy dosage - 1 tablet per day
- Economy and convenience - a single packaging lasts a full month



Daily portion (1 capsule)

Vitamin A	800 µg	(100%*)
Vitamin D	5 µg	(100%*)
Vitamin E	12 mg	(100%*)
Vitamin K	75 µg	(100%*)
Vitamin C	80 mg	(100%*)
Vitamin B1	1,1 mg	(100%*)
Vitamin B2	1,4 mg	(100%*)
Niacin	16 mg	(100%*)
Pantothenic acid	6 mg	(100%*)
Vitamin B6	1,4 mg	(100%*)
Biotin	50 µg	(100%*)
Folic acid	200 µg	(100%*)
Vitamin B12	2,5 µg	(100%*)
Iron	14 mg	(100%*)
Zinc	10 mg	(100%*)
Copper	1 mg	(100%*)
Manganese	2 mg	(100%*)
Selenium	55 µg	(100%*)
Chrome	40 µg	(100%*)
Molybdenum	50 µg	(100%*)
Iodine	150 µg	(100%*)
Ginkgo biloba extract	37 mg	
including ginkoflavonoglycosides	30 mg	

* - % of nutrient reference value

Magnez B6 EXTRA

60
tablets

Magnesium helps in the proper functioning of muscles and the nervous system

Properties

This is a dietary supplement containing magnesium in the form of easily absorbable magnesium carbonate Enriched in vit. B6, which facilitates its absorption.
The package is enough for one month of treatment - 60 tablets.



Indications

- For those who drink coffee and strong tea
- In the state of irritability, stress and fatigue of the body
- In increased physical and mental effort
- For muscle relaxation (eg. at night cramps).

Daily portion (2 tablets):

Magnesium	120 mg	32%*
Vitamin B6	2,8 mg	200%*

* - % of nutrient reference value

Odporność EXTRA

30
capsules

Supports resistance

Properties

- It is a dietary supplement containing ingredients that enhance physiological resistance of the body.
- **Garlic** acts antibacterial and strengthens the immune system.
- **Black lilac** relieves irritation of the upper respiratory tract.
- **Purple Echinacea** (*Echinacea purpurea*) supports the health of the immune system and the upper respiratory tract.
- **Vitamins D and C and zinc** contribute to the normal function of the immune system

Indications

- In immunosuppressed states
- During infections
- To reduce the susceptibility to viral and bacterial infections



Daily portion	1 capsule	
Black elderberry extract (<i>Sambucus Nigra</i>)	100 mg	
Purple coneflower extract (<i>Echinacea Purpurea</i>)	100 mg	
Garlic extract (<i>Allium Sativum</i>)	50 mg	
Vitamin C	80 mg	(100%*)
Zinc	10 mg	(100%*)
Vitamin D3	5 µg	(100%*)

* - % of nutrient reference value

Witamina D3+K2 EXTRA

30
tablets

Maintaining healthy bones and teeth

Properties

It is a product with a high content of vitamins D3 and K2 MK-7. Vitamin D and K work closely together and provide an extremely effective complex for the human body and allow for: proper functioning of the cardiovascular system and immune system, preventing calcium deposition in soft tissues, reducing the risk of osteoporosis and correct functioning of the heart. Vitamin K in the natural form of K2 Mk-7 is the most absorbable.

Indications

- maintaining healthy bones and teeth
- maintaining proper absorption and use of calcium and phosphorus,
- maintaining a proper level of calcium in the blood,
- strengthening the immune system



Daily portion	1 tablet	
Vitamin D	50 mg	1000%*
Vitamin K	75 mg	100%*

*-% of nutrient reference value

CycloVenox 3 EXTRA

30
capsules

High class standardized extract from butcher's-broom, hesperidine and vitamin C

Properties

Butcher's-broom extract:

- helps to reduce swelling of legs,
- supports venous circulation,
- reduces fatigue and heavy legs.

Vitamin C:

- contributes to normal collagen formation for the normal function of blood vessels

Indications

Chronic venous insufficiency of the circulation in lower limbs (varicose veins):

- feeling of heaviness in the legs,
- swollen ankles
- legs pain,
- night cramps,

Symptomatic treatment in the case of worsening of ailments associated with haemorrhoids.

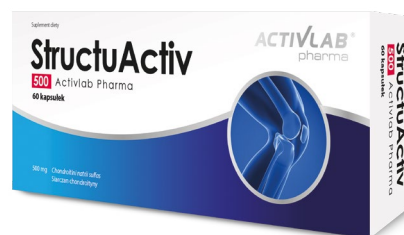


Daily serving	1 capsule
Extract from butcher's- broom (<i>Ruscus aculeatus</i>)	150 mg
Hesperidin	150 mg
Vitamin C (<i>L-ascorbic acid</i>)	150 mg

Specialty products

The best choice for you

StructuActiv
500 Activlab Pharma



NeuroLip Activ
600 Activlab Pharma



RECOMED
DIETA ODŻYWCZA KOMPLETNA



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pharma

StructuActiv 500

60
capsules

High dose of chondroitin sulphate

Properties

A product containing a high dose of chondroitin sulphate - 500 mg for the protection of joints.

Advantages

- Contains a high dose of the active ingredient
- It has an attractive price



Indications

- In relieving symptoms of osteoarthritis
- In inflammatory bones and joints
- Aids in the regeneration of articular cartilage
- In the case of joint pain

Daily portion (2 capsules):

sodium chondroitin sulphate

1000 mg

NeuroLip Activ 600

30
capsules

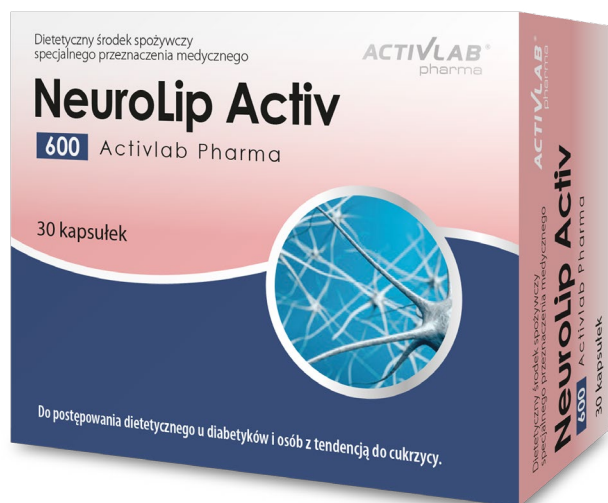
For diabetics and people with a tendency to diabetes

Properties

Dietary food for special medical purposes, containing alpha-lipoic acid (thioctic acid - Acidum thiocticum) in a high dose: as much as 600 mg in one capsule !!!

Indications

- Diseases associated with diabetic polyneuropathy:
- disorders of sensation in the limbs
- burning sensation, itching, tingling
- pain in the limbs
- for people with carbohydrate metabolism disorders
- for diabetics and people with a tendency to diabetes



Daily portion (1 capsule):

Thioctic acid

600 mg

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pharma

Recomed

Complete nutritional diet

Nutritional value	1 sachet 65 g	
Energy value	1060 kJ/250 kcal	(12,5%*)
Fat	6 g	(8,6%*)
of which saturates	1 g	(5%*)
Carbohydrates	32 g	(12,3%*)
of which sugars	0 g	(0%*)
Fiber	5 g	
Protein	15 g	(30%*)
Salt	0,5 g	(8,3%*)

Minerals:			Vitamins:		
Potassium	600 mg	(30%*)	Vitamin A	240 µg	(30%*)
Chlorides	240 mg	(30%*)	Vitamin D	1,5 µg	(30%*)
Wapń	240 mg	(30%*)	Vitamin E	3,6 mg	(30%*)
Fosfor	210 mg	(30%*)	Vitamin K	22,5 µg	(30%*)
Magnesium	112 mg	(30%*)	Vitamin C	24 mg	(30%*)
Iron	4,2 mg	(30%*)	Thiamine (B1)	0,3 mg	(30%*)
Zinc	3 mg	(30%*)	Riboflavin (B2)	0,4 mg	(30%*)
Copper	0,3 mg	(30%*)	Niacin (B3)	4,8 mg	(30%*)
Manganese	0,6 mg	(30%*)	Pantothenic acid	1,8 mg	(30%*)
Selenium	16,5 µg	(30%*)	Vitamin B6	0,4 mg	(30%*)
Chrome	12 µg	(30%*)	Biotin (B7)	15 µg	(30%*)
Molybdenum	15 µg	(30%*)	Folic acid (B9)	60 µg	(30%*)
Iodine	45 µg	(30%*)	Vitamin B12	0,75 µg	(30%*)

Amino Acids:		
L-Leucine	1950 mg	(100%*)
L-Isoleucine	1000 mg	(100%*)
L-Valina	1300 mg	(100%*)
L-Lisine	1500 mg	(100%*)
L-Tryptophan	200 mg	(100%*)
L-Methionine + L-Cysteine	750 mg	(100%*)
L-Phenylalanine + L-Tyrosine	1250 mg	(100%*)
L-Threonine	750 mg	(100%*)

* - % of nutrient reference value

Properties

A complete, high protein diet based on whey protein and essential exogenous amino acids.

Advantages

- Product based on concentrated whey protein and essential exogenous amino acids
- It is easily digestible and boasts a high bio-retention rate
- Contains all essential nutrients, i.e. carbohydrates, fats, vitamins, minerals, fibre, and unsaturated fatty acids.
- Casein-free
- Can be used as a supplement to regular meals, desserts or favourite dishes

Indications

- In illness
- In malnutrition
- In advanced age
- In convalescence



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