

ACTIVLAB[®]

LIFT YOUR WORLD

**#FIT
&FUN**

DE LUXE

| | |
|----------------------|---|
| DE LUXE LEAN WHEY | 5 |
| DE LUXE LEAN DESSERT | 6 |
| LEAN BAR | 7 |
| DE LUXE WHEY | 8 |
| DE LUXE BEET SHOT | 9 |
| PREMIUM 100% WHEY | 9 |

I'M FIT

| | |
|------------------------------|----|
| HIGH PROTEIN LATTE | 11 |
| HIGH PROTEIN FLAKES | 11 |
| HIGH PROTEIN CREAM | 12 |
| HIGH PROTEIN OMELETTE | 12 |
| HIGH PROTEIN POTATO PANCAKES | 13 |

READYTOUSE

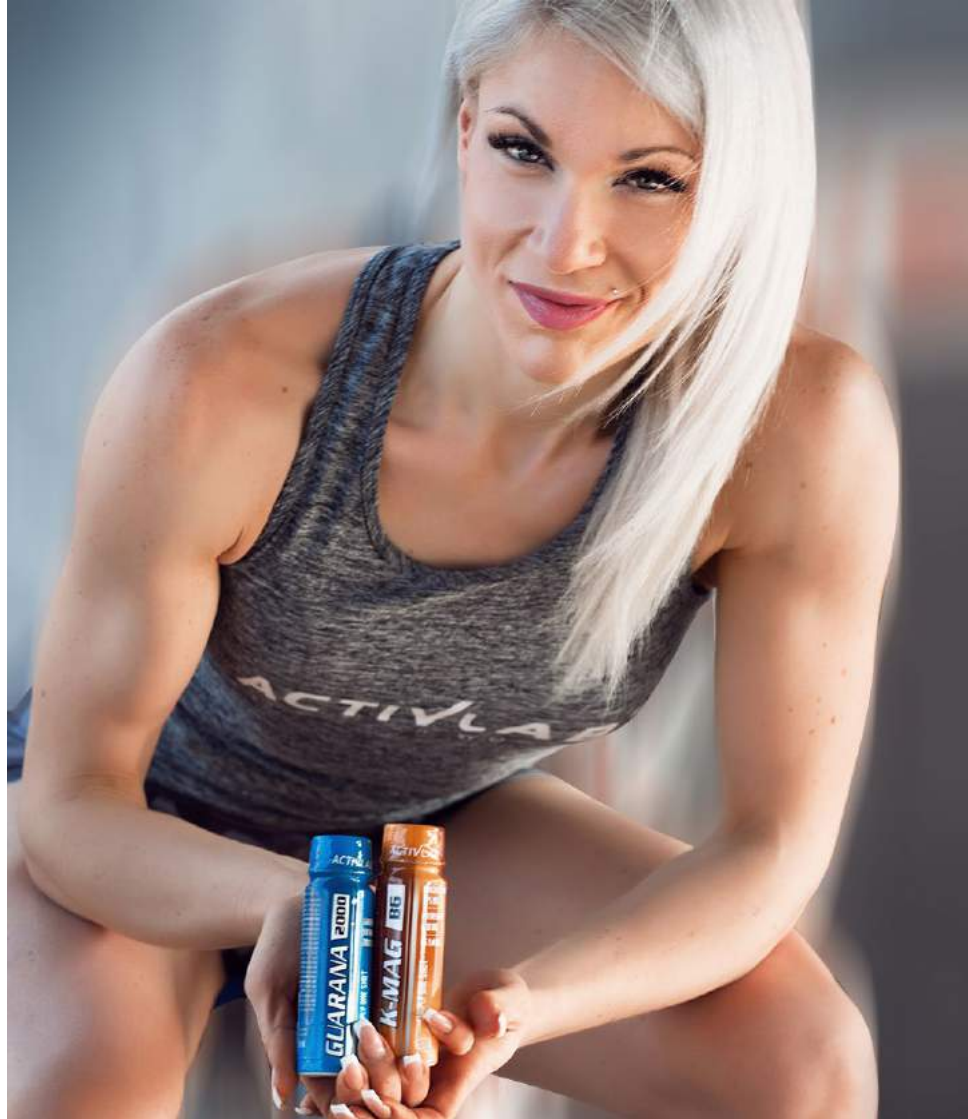
| | |
|---------------------------|----|
| BCAA XTRA DRINK | 15 |
| BCAA XTRA ENERGY IN SPORT | 15 |
| BETA ALANINE DRINK | 16 |
| BLACK WOLF SHOT | 16 |
| FIT DRINK | 17 |
| K-MAG B6 | 18 |
| BCAA XTRA SHOT | 18 |
| L-CARNITINE SHOT | 19 |
| GUARANA SHOT | 19 |
| HIGH WHEY PROTEIN BAR | 20 |
| ISOACTIVE | 22 |
| ELECTROVIT | 23 |
| ASHWAGANDHA | 23 |

RUN & BIKE

| | |
|--------------------------|----|
| RUN & BIKE ENDURANCE GEL | 25 |
| RUN & BIKE FLEX | 26 |
| RUN & BIKE OXYGENIC | 27 |
| RUN & BIKE ISOTONIC | 27 |

GREEN

| | |
|-------------------------|----|
| GREEN THERMO SHAPE | 29 |
| GREEN ISOACTIVE | 29 |
| GREEN PROTEIN BREAKFAST | 30 |
| GREEN PROTEIN MIX | 30 |



ACTIVLAB is manufacturer of sports nutrition and functional foods specifically designed to provide the body with vital nutrients. We combine the best of science and nature to create effective and innovative nutritional supplements, convenient foods and beverages designed to deliver nutrients necessary to achieve fitness goals.

The ACTIVLAB brand is a comprehensive brand for core performance, healthy lifestyle segments of the sports nutrition market. Each formulation is designed for maximizing physical performance, providing energy and nutrients essential for a healthy life.



ACTIVLAB offers a full range of products for all sales channels, mass retail, supermarkets, medical stores, specialty outlets, internet and conventional (food, drug and mass merchandisers/FDM) channel.

The commitment to quality is our top priority. We understand that to create the most innovative, effective product it is vital to choose premium ingredients for

our unique, functional products. Our facilities and partner facilities are certified under ISO, BRC, and IFS, HACCP and cGMP.



That is why we can confidently say that:

ACTIVLAB IS ONE OF THE BEST SPORTS NUTRITION BRANDS IN EUROPE!

- OVER TWO DECADES OF EXPERIENCE
- OWN PRODUCTION - 3 PLANTS
- OWN LABORATORIES AND R&D DEPARTMENT
- INNOVATIVE PRODUCTS

DE LUXE

It's all about the

taste!

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DE LUXE LEAN WHEY



NEW ARRIVALS!

#wpc #low carbo #lactose free

A high protein nutrient with a low carbohydrate content. The highest quality whey protein concentrate, lactose free! Additives such as young green barley and flaxseed make this product an excellent choice also for women.

METHOD OF USE

Dissolve 35 g (1¼ scoops) in 200 ml of water. Use twice a day between meals.

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|-------------------|
| Energy value | 1603 kJ/ 379 kcal |
| Fat | 5,2 g |
| of which saturates | 3,3 g |
| Carbohydrates | 7 g |
| of which sugars | 3,2 g |
| Protein | 73 g |
| Salt | 0,53 g |

FLAVOURS

strawberry yoghurt, vanilla ice cream, cocoa

PACKAGES

908 g



DE LUXE LEAN DESSERT



#high protein #low carb #low sugar
#dessert

A very quick and easy to prepare creamy dessert to drink – high protein, low carb and sugar. Can be served with fruits. Excellent as an addition to cakes.

METHOD OF USE

Dissolve 30 g (1 flat measure) in 200 ml of water.
Apply twice daily between meals.

NUTRITIONAL VALUE in 100 g

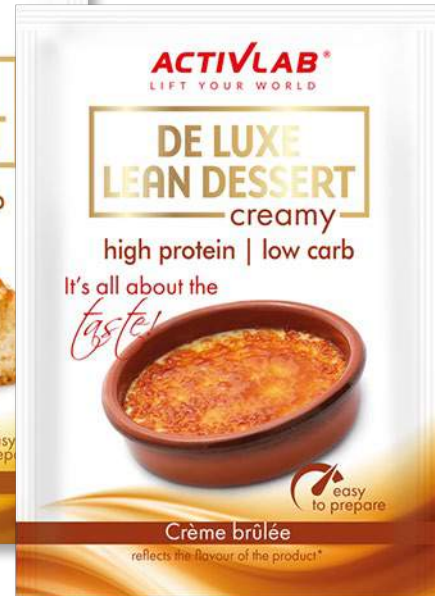
| | |
|--------------------|-------------------|
| Energy value | 1579 kJ/ 373 kcal |
| Fat | 5,6 g |
| of which saturates | 3,6 g |
| Carbohydrates | 10,6 g |
| of which sugars | 4,6 g |
| Protein | 70,1 g |
| Salt | 0,39 g |

FLAVOURS

crème brûlée, apple pie

PACKAGES

sachet 30 g
display 10 sachets



LEAN BAR



#wpc #bar #protein #low sugar #fiber

A high-protein, low sugar product, rich in fibre. This delicious bar is recommended as a snack between meals. It is great for athletes and active people.

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|---------------------|
| Energy | 1438 kJ/ 344.4 kcal |
| Fat | 12,2 |
| of which saturates | 9,1 g |
| Carbohydrate | 38,7 g |
| of which sugars | 3,5 g |
| of which polyols | 30,2 g |
| Fibre | 4,6 g |
| Protein | 29,6 g |
| Salt | 0,5 g |

FLAVOURS

Chocolate, pistachio

PACKAGES

bar 50 g
display 18 bars



DE LUXE WHEY



#wpc #wpi #natural aromas

A high protein nutrient based on whey protein isolate (WPI) and whey protein concentrate (WPC). All flavors base on natural aromas! It contributes to the growth and maintenance of the muscle mass and maintains healthy bones. The product is recommended to sportsmen pursuing any activities demanding intensive physical effort.

METHOD OF USE
Dissolve 30 g (1 flat measure) in 200 ml of water. Apply twice daily between meals.

NUTRITIONAL VALUE
in 100 g

| | |
|--------------------|-------------------|
| Energy value | 1603 kJ/ 379 kcal |
| Fat | 5,2 g |
| of which saturates | 3,3 g |
| Carbohydrates | 7 g |
| of which sugars | 3,2 g |
| Protein | 73 g |
| Salt | 0,53 g |

FLAVOURS
pistachio, cookies&cream, peanut butter with raspberries, cheesecake with orange, cherry liqueur

PACKAGES
2000 g



DE LUXE BEET SHOT



#beetroot #citrulline #nitrate

The power of Beet!
Concentrated beet juice (80 ml from 500 g of beet) with citrulline. High nitrate.
Natural nitrates are responsible for the right muscle oxygenation, higher efficiency, nitric oxide production increasing & blood pressure decreasing.

METHOD OF USE

1 shot (80 ml) before workout. Formation of precipitate is a natural occurrence. Shake well before use.

NUTRITIONAL VALUE

| | |
|--------------------|-------------------|
| 100 g | |
| Energy | 514 kJ / 121 kcal |
| Fat | 0,2 g |
| of which saturates | 0,1 g |
| Carbohydrates | 22 g |
| of which sugars | 22 g |
| Protein | 7,8 g |
| Salt | 0 g |

daily portion - one shot 80 ml
Concentrated beet juice (500 g) 80 ml
 of which Trimethylglycine (TMG, betaine) 8 g
L-citrulline 2 g

PACKAGES

shot 80 ml
display 12 shots



PREMIUM 100% WHEY



#wpc #cocoa #chocolate #aspartame free
#low sugar

A high protein supplement based on Whey Protein Concentrate. The product with low sugar content, aspartame free. Product bases on real cocoa!

METHOD OF USE

Dissolve 30 g (1½ flat measures) in 200 ml of water.
Use twice a day between meals

NUTRITIONAL VALUE

in 100 g

| | |
|--------------------|-------------------|
| Energy value | 1677 kJ/ 397 kcal |
| Fat | 7,1 g |
| of which saturates | 4,6 g |
| Carbohydrates | 9,8 g |
| of which sugars | 4,3 g |
| Protein | 73,4 g |
| Salt | 0,41 g |

FLAVOURS

dark chocolate, milk chocolate, chocolate with truffle, chocolate with chili, chocolate with nuts

PACKAGES

2000 g



I'M FIT

A product line for active, athletic, gym-goers looking for a healthy and slim figure.



5 MEALS IN LESS THAN 1000 kcal!

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HIGH PROTEIN LATTE



#wpc #high protein #coffee #magnesium
#caffeine #aspartame free #no sugar

High Protein (WPC) coffee drink with instant coffee, magnesium and caffeine (60 mg). Product is aspartame free, with no sugar.
30 g sachet is 21 g of protein (115 kcal)

METHOD OF USE

Mix the sachet content with 200 ml water or milk at room temperature.

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|--------------------|
| Energy | 382 kcal / 1616 kJ |
| Fat | 6,6 g |
| in which saturates | 4,2 g |
| Carbohydrates | 11,7 g |
| of which sugars | 4 g |
| Protein | 69 g |
| Salt | 0,41 g |
| Caffeine | 200 mg |
| Magnesium | 337,5 mg |
| Vitamin B6 | 2,33 mg |

PACKAGES

sachet 30 g
display 10 sachets



HIGH PROTEIN FLAKES



#wpc #high protein #breakfast

High protein (WPC) oatmeal & rice flakes with strawberries. The product with a low glycemic index, contains fruits lyophilisates. The proposition of a light and nutritious breakfast.
50 g sachet is 13 g of protein (188,5 kcal).

METHOD OF USE

Mix the sachet content with 200 ml of water, milk or yogurt (you may also use hot water). Wait 1 minute to have soft flakes

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|------------------------|
| Energy | 376,8 kcal / 1593,4 kJ |
| Fat | 4,6 g |
| in which saturates | 1,8 g |
| Carbohydrates | 55,8 g |
| of which sugars | 4,8 g |
| Fiber | 4,5 g |
| Protein | 25,8 g |
| Salt | 1,0 g |

FLAVOURS

strawberries, banana

PACKAGES

sachet 50 g
display 10 sachets



HIGH PROTEIN CREAM



#wpc #high protein #instant soup #cream

High protein (WPC) instant cream soup - quick, tasty meal for lunch or dinner. 30 g sachet is 7,1 g of protein (102 kcal).

METHOD OF USE

In a cup or bowl, mix the sachet content with 200ml of boiling water. Mix until smooth. The pumpkin cream can be spiced with a few tabasco drops and added almond flakes.

NUTRITIONAL VALUE 100 g

| | |
|--------------------|--------------------|
| Energy | 340 kcal / 1440 kJ |
| Fat | 3,4 g |
| in which saturates | 2,6 g |
| Carbohydrates | 52,4 g |
| of which sugars | 7,2 g |
| Protein | 23,5 g |
| Fiber | 3 g |
| Salt | 6,77 g |

FLAVOURS pumpkin, dill

PACKAGES
sachet 30 g
display 10 sachet



HIGH PROTEIN OMELETTE



#wpc #high protein

High Protein (WPC) Omelette with extras (raspberries or onion). Proposition of the dietary food – convenient to use. 70 g sachet is 30 g of protein (330.3 kcal).

METHOD OF USE

Mix the sachet content with 100 ml of water. Pour the dough in the pan with light olive oil. Fry until golden in color from both sides.

NUTRITIONAL VALUE in 100 g

WARTOŚĆ ODŻYWCZA 100 g

| | |
|--------------------|----------------------|
| Energy | 467,1 kcal / 1953 kJ |
| Fat | 24,9 g |
| in which saturates | 8,7 g |
| Carbohydrates | 16,6 g |
| of which sugars | 2,4 g |
| Fiber | 1,9 g |
| Protein | 43,2 g |
| Salt | 3,59 g |

FLAVOURS raspberries, onion

PACKAGES
sachet 70 g
display 10 sachet



HIGH PROTEIN POTATO PANCAKES



#wpc #high protein #dinner

High protein (WPC) Potato Pancakes – first in the market food supplement made of dried vegetables, very convenient use. 1 sachets is enough to prepare 4 delicious potato pancakes. 70 g sachets i 16 g of protein (240 kcal).

METHOD OF USE

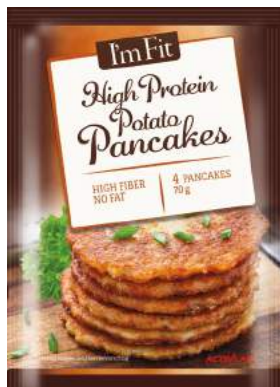
Mix well the sachet content with 200-220 ml of cold water. Leave for 10-15 minutes until thickened. Fry on heated fat to a golden brown colour from both sides. For better consistency and and frying quality you may add an egg-white.

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|------------------------|
| Energy | 342,8 kcal / 1453,2 kJ |
| Fat | 0,4 g |
| in which saturates | 0,2 g |
| Carbohydrates | 58,8 g |
| of which sugars | 4,3 g |
| Protein | 22,8 g |
| Fiber | 6,4 g |
| Salt | 2,91 g |

FLAVOURS
classic, with garlic

PACKAGES
sachet 70 g
display 10 sachet



HIGH PROTEIN POTATO PANCAKES WITH GARLIC

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|------------------------|
| Energy | 342,8 kcal / 1453,2 kJ |
| Fat | 0,4 g |
| in which saturates | 0,2 g |
| Carbohydrates | 58,8 g |
| of which sugars | 4,3 g |
| Protein | 22,8 g |
| Fiber | 6,4 g |
| Salt | 2,91 g |



READY TO USE

Activlab's impulse products: drinks, shots, bars and sachets.

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BCAA XTRA DRINK



#beverage #bcaa #leucine
#isoleucine #valine

BCAA Xtra Drink is a functional sports drink containing BCAA amino acids. Every tin of BCAA Xtra Drink contains 4 000 mg of branched chain amino acids in the optimal proportion: Leu/Iso/Val = 2:1:1. The BCAA Xtra drink is recommended during any excessive physical effort as a support in improving overall quality of strength training and regular recreation.

NUTRITIONAL VALUE

250 ml

| | |
|---------------|-----------------|
| Energy value | 48 kJ / 11 kcal |
| Protein | 3 g |
| Carbohydrates | 0 g |
| Fat | 0 g |
| L-leucine | 2000 mg |
| L-isoleucine | 1000 mg |
| L-valine | 1000 mg |

FLAVOURS
orange

PACKAGES
can 250 ml
display 24 cans



BCAA ENERGY IN SPORT



#bcaa # caffeine #beverage

First in the world of BCAA in drink with up to 4000 mg BCAAs in a single can. The product contains an optimal ratio (2:1:1) of L-leucine (2000 mg), L-isoleucine (1000 mg) and L-valine (1000 g). The presence of caffeine in the drink (80 mg) adds more energy for intense training.

NUTRITIONAL VALUE

in 100 g

| | |
|---------------|---------------------|
| Energy value | 52,7 kJ / 12,4 kcal |
| Protein | 1,1 g |
| Fat | 0 g |
| Carbohydrates | 2 g |
| L-leucine | 2000 mg |
| L-isoleucine | 1000 mg |
| L-valine | 1000 mg |
| Caffeine | 80 mg |

FLAVOURS
apple

PACKAGES
can 250 ml
display 24 cans



BETA ALANINE DRINK



#beta-alanine #vitamin c

ACTIVLAB INNOVATION – FIRST IN THE WORLD
BETA ALANINE AS A DRINK!

A beverage containing beta-alanine and vitamin C. The product is intended for people practicing sports where fitness and endurance play a key role.

METHOD OF USE
1 bottle (250 ml) before training.

NUTRITIONAL VALUE
one bottle (250 ml)

| | |
|--------------|---------------|
| Beta-alanine | 3000 mg |
| Vitamin C | 80 mg (100%*) |

* - % of nutrient reference value

PACKAGES
bottle 250 ml
display 12 bottles



BLACK WOLF SHOT



#preworkout #beta-alanine #caffeine
#vitamins

Pre-workout formulation with Vitamin B complex in liquid form.
High Beta-Alanine & B group vitamins content.

METHOD OF USE
1/2 shot (40 ml) before training. Shake before use.
Product contains 2 portions. After opening, keep refrigerated and use within 48 hours.

NUTRITIONAL VALUE
daily portion (1/2 shot - 40 ml)

| | |
|---------------------------|---------|
| Beta-alanine | 2500 mg |
| Phenylalanine + -Tyrosine | 500 mg |
| Caffeine | 200 mg |
| Niacin (B3) | 16 mg |
| Vitamin B6 | 2,1 mg |
| Vitamin B12 | 5 µg |

PACKAGES
shot 80 ml
display 12 shots



FIT DRINK



#beverage #l-carnitine
#folic acid #zero calories

A lightly carbonated drink, specially designed for weight-watchers and all those extra keen on their health. High L-carnitine and Folic Acid content. L-carnitine naturally occurs in our body, mostly in muscles. Fit Drink contains no sugars and zero calories.

Now in new, great flavour: mango & blackberry!

NUTRITIONAL VALUE 250 ml

| | |
|---------------|---------------|
| Energy value | 0 kcal / 0 kJ |
| Protein | 0 g |
| Carbohydrates | 0 g |
| Fat | 0 g |
| L-carnitine | 500 mg |
| Folic acid | 100 µg |

FLAVOURS
mango & blackberry

PACKAGES
can (250 ml)
display 24 cans



K-MAG B6



#magnesium #potassium #vitamin
b6 #shot

K-MAG B6 is concentrated source of magnesium (375 mg) and potassium (430 mg) with an extra dose of B6 vitamin.

METHOD OF USE

1 shot (80 ml) before training. Shake before use.

NUTRITIONAL VALUE

one shot - 80 ml

| | | |
|------------|--------|-------|
| Magnesium | 375 mg | 100%* |
| Potassium | 430 mg | 22%* |
| Vitamin B6 | 1,4 mg | 100%* |

* - % of nutrient reference value

PACKAGES

shot 80 ml
display 12 shots



BCAA XTRA SHOT



#bcaa #leucine #isoleucine #valine
#shot

BCAA XTRA SHOT contains 4000mg of branched chain amino acids in the optimal proportion Leucine/ Valine/ Isoleucine = 2:1:1. Recommended during any excessive physical effort as a dietary supplement improving overall quality of strength training and regular recreation.

METHOD OF USE

1 shot (80 ml) before or after training. Shake before use.

NUTRITIONAL VALUE

one shot - 80 ml

| | |
|--------------|---------|
| L-leucine | 2000 mg |
| L-isoleucine | 1000 mg |
| L-valine | 1000 mg |

FLAVOURS

Orange

PACKAGES

shot 80 ml
display 12 shots



L-CARNITINE SHOT



#l-carnitine

L-Carnitine Shot is an effervescent liquid delivering 3000mg of L-Carnitine per serving. Helps in fat burning, faster recovery, energy increase & better resistance and performance during workouts.

METHOD OF USE

1 shot (80 ml) before training. Shake before use.

NUTRITIONAL VALUE

in one shot

L-carnitine 3000 mg

PACKAGES

shot 80 ml
display 12 shots



GUARANA 2000



#guarana #caffeine #shot

Guarana 2000 contains guarana extract (2000 mg) which has powerful energizing properties and 110 mg of extra caffeine

METHOD OF USE

1 shot (80 ml) before training. Shake before use.

NUTRITIONAL VALUE

one shot - 80 ml

Guarana extract 2000 mg
Including caffeine 110 mg

PACKAGES

shot 80 ml
display 12 shots



HIGH WHEY PROTEIN BAR - 80 g



#bcaa #protein #bar

High protein bar. 19 g protein. 3,5g BCAA

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|----------|
| Energy value | 447 kcal |
| Fat | 18 g |
| of which saturates | 12.4 g |
| Carbohydrates | 46.5 g |
| of which sugars | 26.8 g |
| Fibre | 1.5 g |
| Protein | 24.1 g |
| Salt | 0.6 g |
| L-Leucine | 2189 mg |
| L-Isoleucine | 1098 mg |
| L-Valine | 1050 mg |
| L-Glutamine | 325 mg |
| Vitamins | |
| Vitamin E | 4.2 mg |
| Vitamin C | 28 mg |
| Vitamin B1 | 0.4 mg |
| Vitamin B2 | 0.5 mg |
| Niacine | 5.6 mg |
| Pantothenic acid | 2.1 mg |
| Vitamin B6 | 0.5 mg |
| Biotin | 17.5 µg |
| Folic acid | 70 µg |
| Vitamin B12 | 0.9 µg |

FLAVOURS

lemon, black currant, vanilla

PACKAGES

bar 80 g display 24 bars



HIGH WHEY PROTEIN BAR - 44 g



#bcaa #protein #bar

High protein bar. 10,6 g protein. 1,9 g BCAA

NUTRITIONAL VALUE
in 100 g

| | |
|--------------------|----------|
| Energy value | 447 kcal |
| Fat | 18 g |
| of which saturates | 12.4 g |
| Carbohydrates | 46.5 g |
| of which sugars | 26.8 g |
| Fibre | 1.5 g |
| Protein | 24.1 g |
| Salt | 0.6 g |
| L-Leucine | 2189 mg |
| L-Isoleucine | 1098 mg |
| L-Valine | 1050 mg |
| L-Glutamine | 325 mg |
| Vitamins | |
| Vitamin E | 4.2 mg |
| Vitamin C | 28 mg |
| Vitamin B1 | 0.4 mg |
| Vitamin B2 | 0.5 mg |
| Niacine | 5.6 mg |
| Pantothenic acid | 2.1 mg |
| Vitamin B6 | 0.5 mg |
| Biotin | 17.5 µg |
| Folic acid | 70 µg |
| Vitamin B12 | 0.9 µg |

FLAVOURS

nuts & caramel, apple & cinnamon, coffee

PACKAGES

bar 44 g display 24 bars



ISOACTIVE



#electrolytes #ginseng
#green tea #guarana
#resveratrol

Instant isotonic drink. An optimum composition of carbohydrates, electrolytes (sodium, potassium, chloride, calcium, and magnesium) and B-group vitamins, which contribute to the maintenance of normal energy metabolism.

METHOD OF USE

dissolve one portion (31.5 g - 1 measure) in a glass bottle containing 500 ml of water. Use it before, during and after any physical effort (every 15 minutes - about 200 ml).

NUTRITIONAL VALUE

1 portion

| | |
|---------------|--------------------|
| Energy value | 447 kJ/ 105,2 kcal |
| Protein | 0 g |
| Carbohydrates | 26.3 g |
| Fat | 0 g |
| Cellulose | 0 g |
| Sodium | 350 mg |
| Potassium | 130 mg |
| Chlorides | 120 mg |
| Calcium | 120 mg |
| Magnesium | 60 mg |

FLAVOURS

cherry, lemon, grapefruit, bitter orange

PACKAGES

sachet 31,5 g
display 20 sachets



ISOACTIVE COCONUT WATER

A composition of carbohydrates and electrolytes enriched with real coconut water in an instant form. Carbohydrate-electrolyte solutions enhance the absorption of water during physical exercise and contribute to the maintenance of endurance performance during prolonged endurance exercise.

| | |
|---------------|-----------------|
| Energy value | 299 kJ/ 70 kcal |
| Protein | 0.8 g |
| Carbohydrates | 17.4 g |
| Fat | 0 g |
| Cellulose | 0 g |
| Sodium | 322 mg |
| Potassium | 300 mg |
| Calcium | 120 mg |
| Magnesium | 60,75 mg |
| Vitamin C | 17,1 mg |

PACKAGES

sachet 25,5 g
display 20 sachets



ELECTROVIT



#electrolytes #fever

Complements all electrolytes (magnesium, potassium, sodium, calcium, chlorides).

Indications

- Diarrhea
- Vomiting
- Fever / sweats
- Heats
- Physical effort
- Use of drainage medicines
- Slimming diet

METHOD OF USE

2-4 tablets a day

NUTRITIONAL VALUE

daily portion (2 tablets)

| | |
|-----------|--------|
| Sodium | 600 mg |
| Potassium | 300 mg |
| Chloride | 120 mg |
| Calcium | 120 mg |
| Magnesium | 60 mg |
| Vitamin C | 80 mg |

PACKAGES

20 effervescent tablets



ASHWAGANDHA



#Ashwagandha

Ashwagandha (Indian Ginseng) is classified as adaptogenic substances i.e. herbs, which have antioxidant properties and contribute to optimal mental and cognitive activity. Supplementation with ashwagandha is especially recommended during period of stress, fatigue or problems with concentration. The product may be used for long periods of time.

METHOD OF USE

1 capsule a day, preferably at bedtime.

NUTRITIONAL VALUE

daily portion (2 tablets)

| | |
|-------------------------------------------------|-----------------|
| Ashwagandha root extract including withanolides | 300 mg 21 mg |
|-------------------------------------------------|-----------------|

PACKAGES

60 caps



RUN & BIKE

An original product line of nutrients designed to support runners, bikers, swimmers, and athletes participating in triathlons and endurance sports.

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RUN & BIKE ENDURANCE GEL



#beta-alanine #electrolytes

Endurance Gel is formulated with highly assimilable carbohydrates, vital electrolytes and beta-alanine, which decreases the acidification of the muscle cells enhancing endurance. The product is a high energy dietary supplement designed to support the energy requirements for gruelling and challenging training and competition delivered in a convenient gel form.

METHOD OF USE

1 sachet (40 g) before or during exercise.

NUTRITIONAL VALUE

(1 sachet)

| | |
|--------------|--------|
| Beta-alanine | 2 g |
| Calcium | 120 mg |
| Magnesium | 60 mg |
| Sodium | 600 mg |
| Potassium | 300 mg |

FLAVOURS

aloe, melon, tutti frutti

PACKAGES

sachet 40 g
display 18 sachets



RUN & BIKE FLEX



#regeneration #joints #vitamin c

Flex is a comprehensive formula supporting the articular cartilage extracellular matrix in the joints which can sustain damage during high intensity exercise and heavy physical exertion. The product is formulated with key ingredients for the joints: glucosamine (sulphate), chondroitin (sulphate) and collagen.

METHOD OF USE

2 capsules 2 times daily.

NUTRITIONAL VALUE

daily portion (4 caps)

| | |
|----------------------|---------|
| Glucosamine sulfate | 2000 mg |
| Chondroitin sulfate | 600 mg |
| L-methionine | 150 mg |
| Ginger | 100 mg |
| Turmeric | 25 mg |
| Vitamin C | 80 mg |
| Hyaluronic acid | 10 mg |
| Manganese | 2 mg |
| Collagen hydrolysate | 250 mg |

PACKAGES

60 caps



RUN & BIKE OXYGENIC



#endurance #Rhodiola #oxygen

A carefully developed formula for improved oxygen utilization. The components of the product help to delay fatigue and adapt the body to high loads, caused by intense muscular effort, that is taking place especially during long-distance running or cycling. The product is recommended in endurance sports.

NUTRITIONAL VALUE
daily portion (4 caps)

| | |
|------------------------|---------|
| Beta-alanine | 2000 mg |
| Rhodiola rosea extract | 300 mg |
| of which roszawins | 9 mg |
| Ginseng extract | 30 mg |
| of which ginsenosides | 24 mg |
| Caffeine | 100 mg |
| Taurine | 200 mg |
| Calcium | 200 mg |
| Phosphorus | 105 mg |
| Potassium | 300 mg |
| Chrome | 40 µg |

METHOD OF USE
4 capsules in divided doses

PACKAGES
60 caps



RUN & BIKE ISOTONIC



#guarana #vitamin B #aspartame free

Isotonic is a concentrated isotonic powder formula enriched with guarana and B vitamins. The formulation is designed to effectively replace fluids and electrolytes lost during intense and enduring physical effort, reduces fatigue, and delivers a complex of essential vitamins. Isotonic effectively hydrates the body, established optimal water and electrolyte balance and energy.

METHOD OF USE
dissolve one portion (31.5 g - 1 measure) in a bottle with 500 ml of water. Use before, during (every 15 min.) and after physical effort (approx. 200 ml).

NUTRITIONAL VALUE
in 100 g

| | |
|--------------------|----------------------|
| Energy value | 1419,5 kJ / 334 kcal |
| Fat | 0 g |
| of which saturates | 0 g |
| Carbohydrates | 83,5 g |
| of which sugars | 83,5 g |
| Protein | 0 g |
| Salt | 2,8 g |
| Sodium | 1110 mg |
| Potassium | 413 mg |
| Chlorides | 381 mg |
| Calcium | 381 mg |
| Magnesium | 190 mg |
| Vitamin B1 | 0,55 mg |
| Vitamin B2 | 0,7 mg |
| Niacin | 8 mg |
| Pantothenic acid | 3 mg |
| Vitamin B6 | 0,7 mg |
| Biotin | 25 µg |



| | |
|-------------------|---------|
| Folic acid | 100 µg |
| Vitamin B12 | 1,25 µg |
| Guarana extract | 317 mg |
| of which caffeine | 69 mg |

FLAVOURS
orange, lemon

PACKAGES
475 g

GREEN

This kind of supplementation is these days very popular and aims to accelerate regeneration after physical exercise, improves training effects, increases lean muscle mass, and increases immunity.

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GREEN THERMO SHAPE



#natural extracts #green tee #green coffee
#fruits #guarana

Green Termo Shape is a food supplement with natural extracts from green tea, green coffee, citrus fruits and with guarana content.

METHOD OF USE

2 capsules a day, preferably 30 minutes before a meal.

NUTRITIONAL VALUE daily portion

| | |
|-------------------------------------------|--------|
| Green Coffee seeds extract | 400 mg |
| including: chlorogenic acid | 200 mg |
| Green tea extract | 300 mg |
| including: EGCG | 135 mg |
| Extract from citrus fruits and guarana | 200 mg |

PACKAGES

30 caps

FLAVOURS

apple



GREEN ISOACTIVE



#natural #stevia #isotonic

Green Iso Active is an isotonic drink for self-preparation. It is recommended during increased demand for fluids. Green Iso Active is a product containing natural ingredients, sweetened with stevia.

METHOD OF USE

Dissolve by stirring 31,5 g (3/4 measure) in a bottle with 500 ml of water. Use before, during (every 15 min.) and after physical effort (approx. 200 ml).

NUTRITIONAL VALUE

1 portion - 31,5 g + 500 ml of water

| | |
|--------------------|-------------------|
| Energy value | 510 kJ / 120 kcal |
| Fat | 0 g |
| of which saturates | 0 g |
| Carbohydrates | 30 g |
| of which sugars | 30 g |
| Protein | 0 g |
| Salt | 0,58 g |
| Sodium | 0,23 g |

FLAVOURS

apple

PACKAGES

475 g



GREEN PROTEIN BREAKFAST



#oat flakes #guarana
#chia seeds #lactose-free #pea protein

The product contains a mix of oat flakes and rice flakes with vegetable protein isolate. Pea protein - protein from vegetable origin, has the typical amino acid profile of legumes proteins. Pea protein is lactose- and gluten-free. The product is enriched with Spanish chia seeds (*Salvia hispanica L.*) - a one-year plant, grown in Central and South America, mainly in Mexico. In addition, the product is upgraded with magnesium and guarana. Protein breakfast with rise and oatflakes.

METHOD OF USE

Dissolve 75 g (3 measures) in 150 ml of water. Package contains a measuring scoop. Contains caffeine; it is not recommended to children and pregnant women (22 mg / 100 g of the product).

NUTRITIONAL VALUE in 100 g

| | |
|--------------------|-------------------|
| Energy value | 1506 kJ/ 355 kcal |
| Protein | 16 g |
| Carbohydrates | 70 g |
| of which sugars | 18 g |
| Fat | 1,2 g |
| of which saturates | 16,7 |

FLAVOURS
apple cinnamon

PACKAGES
750 g



GREEN PROTEIN MIX



#fiber #spirulina #green tea
#acerola

A product based on a mixture of vegetable proteins (pea protein - protein with a typical amino acid profile of legumes; hemp protein - protein with a characteristic green color obtained from hemp seeds; rice protein - gluten-free cereal protein). The blend of vegetable proteins is a great source of supplementing the diet with protein. Furthermore it is an alternative to dairy products. It also provides fiber, including inulin (natural prebiotic) as well as a blend of extracts and powdered green vegetables and fruits, such as: spirulina, green tea and Acerola.

METHOD OF USE

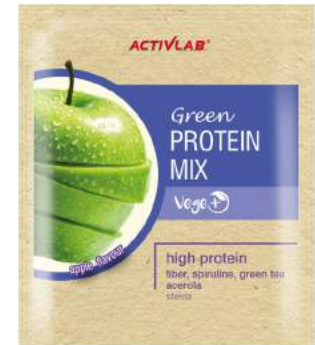
The sachets contents (30 g) dissolve in 200 ml of water.

NUTRITIONAL VALUE in 100 g

| | |
|---------------|-------------------|
| Energy value | 1500 kJ/ 356 kcal |
| Protein | 56,7 g |
| Carbohydrates | 15 g |
| Fat | 4 g |
| Fibre | 16,7 |

FLAVOURS
apple

PACKAGES
sachets 30 g
display 20 sachets





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&FUN**